

APND

“Activity Professionals  
of North Dakota”  
STATEWIDE

**Fall Workshop**

November 18<sup>th</sup>  
9:00am–4:00pm

Virtual Zoom  
Workshop



## Two Zoom Links

**Will Be Sent To Your Email:**

**[Thursday, Nov. 17<sup>th</sup>]**

A Zoom Link Will Be Sent Out  
For The 9:00–12:00pm Sessions.

A Zoom Link Will Be Sent Out  
For The 1:00–4:00pm Sessions.

## Continuing Education:

**6 Continuing Education Credits**

Earned Upon Completion Of Workshop  
Verification of hours will be sent out following the workshop.

## Door Prize:

**\$25 Target Gift Card**

Registration & Attendance = Entrance Into Drawing  
[Winner Drawn End Of Last Session]

## Questions?

regarding membership  
and this conference  
can be directed to:  
ndactivitypros@gmail.com  
Or APND President  
Lisa Warner 701–787–7615



## Registration Form:

Name of Registrant:

Title:

Facility:

Facility Address:

Registrant Phone Number:

Registrant Email Address:

APND Member:  Non-Member:

## Registration Deadline:

Wednesday, November 16th

### Workshop Fee:

\$35 Member  
\$45 Non-Member

Remove registration form  
from this brochure.

**Mail in completed form  
and check [payable to APND]**

to Area IV Rep. Brianne Anderson  
Bethany Retirement Living  
201 S. University Drive, Fargo, ND 58103



**Beth Olson** is the Regional Care Consultant for the Minnesota-North Dakota Chapter of the Alzheimer's Association's North Dakota Regions 3 & 6. In her role, she serves north and south-central North Dakota providing care consultation to constituents. She works to offer professional and community education. Beth promotes community partnerships through outreach and education. Beth is a Foundations of Dementia Care Master Trainer. She completed the Dementia Care Certificate Program sponsored by Aging Services of Minnesota and the Alzheimer's Association Minnesota-North Dakota. She has a Bachelor of Science degree from North Dakota State University in Human Development / Family Services with a minor in Gerontology and Speech Communication. Prior to joining the Alzheimer's Association Beth was an in-home caregiver, a nursing facility activity director, 18 years as a basic

**Meredith Baumann, LBSW** is a licensed social worker who has been employed by Valley Senior Living in Grand Forks since June of 1976. Meredith retired from the nursing home social work duties in February of 2022 and remains an employee with responsibilities related to culture transformation education and training. For 45 years, Meredith was responsible for tasks relating to nursing home social work and supervised a department of social workers at Valley Senior Living on Columbia in Grand Forks. Meredith has been a field instructor for social work students since 1978. She has been an adjunct professor at UND and taught Introduction to Gerontology for several years. She has been on the advisory board for UND Department of Social Work. Other accomplishments over her career are serving on several task force endeavors within North Dakota. Meredith was a co-author of the Long Term Care Social Workers of North Dakota manual for Social Workers and the Standard of Practice for Long Term Care Social Workers in North Dakota. She has served on the LTCSWND board, Altru Health System Ethics Committee and Greater Grand Forks Service Providers for Seniors. Meredith is a Certified Eden Associate and also is a Certified Eden Educator through the Eden Alternative. As an Eden Educator, she teaches a 3 day course at Valley Senior Living which then certifies other employees to be an Eden Associate. She teaches this course twice a year along with 2 colleagues ( Recreation and Music Therapy/recreation). The focus of The Eden Alternative is the culture transformation with care of Elders to become resident directed.



# Workshop Itinerary

8:30–9:00  
Registration

9:00–10:30  
Beth Olson

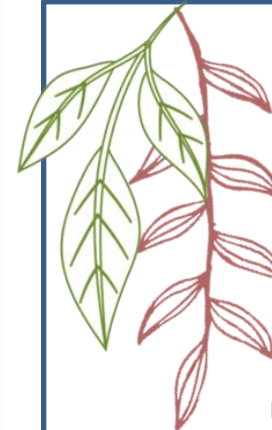
10:30–12:00  
Meredith Baumann

12:00–1:00  
Lunch Break

1:00–2:00  
Lysa Wright

2:00–3:00  
Tanya Schoessow

3:00–4:00  
Activity Networking  
& APND Meeting



## Lysa Wright MT-BC/L APND Vice President

Lysa is a 2011 graduate of UND's music therapy program. She spent 10 years practicing music therapy in the Grand Forks and surrounding communities, serving populations from students of all ages and abilities in special education classrooms to private practice clients to early childhood and preschools to older adults in long term care and end of life settings. With a recent change of career, Lysa began working as the Activity Director at Luther Memorial Home in Mayville in June 2021. When she isn't having fun with residents at work, you can find her wrangling her 6 year old and two dogs, knitting, playing guitar and piano, or checking out a new place to hike.



## Tanya Schoessow, CRTS, LSH, CAC

is a Certified Aromatherapy Coach (CAC) and Certified Raindrop Technique Specialist (CRTS) through The Natural Therapies Certification Board (NTCB); has completed training through CARE, The Center for Aromatherapy Research & Education (Raindrop Training); and is also a Licensed Spiritual Healer (LSH) through the Spiritual Healer License Board and the Alliance of Christian Healers. She also is very knowledgeable in plant-based essential oils, supplements, beauty, body, and home care. Tanya is passionate about helping others on their wellness path by empowering her clients to seek help from the Divine in every aspect of their lives through direct communion and fellowship with the Divine. This can be achieved through detoxification, coaching, educating, empowering, mentoring, training, tutoring, stress management, aromatherapy, and more. Tanya enjoys helping others and hearing their stories as they progress on their wellness journey. Whether your paths cross for a few weeks or a lifetime, it is with great pleasure that she can serve and assist you.

